SPORTING INFLUENCE
Improving Social Skills Through Sport

SI SCHOOLS

PE With Mr Whitford

This term Mr. Whitford has worked with each class focusing on Athletics and Striking and Fielding Games.

Class 1 have made fantastic progress throughout their lessons. They have developed a range of skills:

- Athletics – children worked on their movement, jumping and throwing skills through a variety of different games.
- Striking & Fielding Skills – children explored rolling and stopping a ball, throwing and catching, and striking a ball.

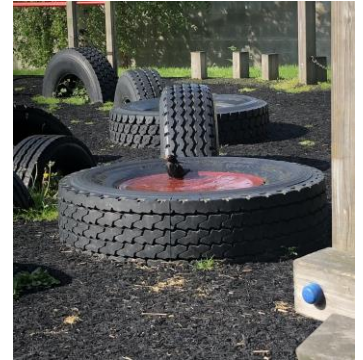Class 2 children have shown great determination this term:

- Athletics – children demonstrated fantastic perseverance when running over longer distances, exploring different ways of throwing and jumping.
- Striking & Fielding Skills – focus was placed on exploring different fielding skills such as throwing and catching and striking a moving ball. The loved applying these to different games.

Class 3 children have been brilliant in all of their lessons, showing great respect and encouragement to each other.
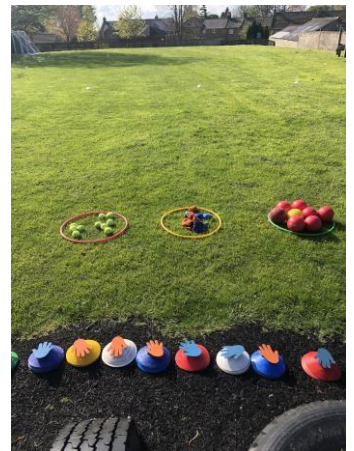
- Athletics – children developed their knowledge and understanding of how to perform effectively when running over short and long distances, doing the triple jump, shot putt and relay.
- Cricket – children have worked hard on their fielding and batting skills, recognising how to strike a ball at different heights. They have also looked at how to bowl overarm, using these skills within modified games.

Class 4 children have also developed their skills in Athletics and Cricket.

- Athletics – children developed skills in preparation of Sports Day. They've persevered when developing their running technique applying it over longer and shorter distances and the relay.
- Cricket – the class explored game play, looking to apply fielding, batting and bowling techniques within modified game situations.

A blackbird taking a morning dip on the tyres during our PE lessons!

The field set up ready for a Class 2 Striking and Fielding lesson

SI SCHOOLS   SI CAMPS   SI FOUNDATION

To find out more visit:
www.sportinginfluence.com